

Please Contact Us

We are located in the community room at Kortright Hills Public School

23 Ptarmigan Drive Guelph, ON NIC IB5 kortrighthillsng@gmail.com www.khng.ca

Our Boundaries

North – Downey and Niska Rd from Hanlon to Niska Bridge - North to Stone Road

East – Hanlon Expressway;

West - City Limits;

South West - City Limits to Downey Rd;

South East - Teal Dr. from Downey to Hanlon.

October 2023 issue

Visit us on the Web: www.khng.ca

KHNG BOOOnanza and Pantry Program







KHNG Cobs Bread Program





KHNG is pleased to continue "Cobs Bread Program" in 2023.

Feel free to pick up items for your family or a family you know in need.

Some items that may be available are loaves of bread, pizza, croissants, pastries (when available).

Cobs end of day giving program connects with the local community by helping every left over items find a home. It makes Cobs a real part of the community and helps reduce waste.

Cobs items will be picked up and delivered to the KHNG Community Room 23 Ptarmigan Dr. (entrance is last door on right off of north parking lot) to be sorted.

Mark your calendars to attend the below Cob dates:

Sunday Oct 1st, 22nd & 29th - 7:45 to 8:45pm Sunday Nov 5th & 26th - 7:45 to 8:45pm Sunday Dec 3rd - 7:45 to 8:45pm

NEW TIME

*** Please note dates above may change. Confirmed dates will be posted on our Facebook p3r3age and sent out via email.

Connect with Leone by email kortrighthillsng@gmail.com if you have any questions ***

BRING YOUR OWN BAGS TO TAKE YOUR COBS ITEMS HOME

KHNG has a small food pantry of items for anyone who needs. When you are in the community room and see something from our pantry that you could use, please ask one of our volunteers to help you or if you can donate to our pantry, please bring & we can add to it.

We ask that you practice social distancing. Masks are optional.

If you would like to volunteer to help sort and distribute Cobs products please contact kortrighthillsng@gmail.com or Sign up using our google form link below: https://forms.gle/bpqnnUnwzpzBM5z48



Thank You Vanessa Duszczyszyn For Sponsoring The obs Bread Program at KHNG

Community Kindie Playdate

Kindie Family Park Playdate

Kortright Events

where

Mollison Park playground (behind the school soccer field)

when

Sat, Oct 7th & 21st from 9am onwards

who

Intended for families with children in JK or SK, to help them form friendships and comfort for school days ahead - and for parents to meet & connect.

This is an informal event and not an official school or council event.

There will be no school participation or supervision.

If you have any questions, please contact Pritti at: prittiparmar@outlook.com

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26th Sout Group Craft Bazaar



KHNG Youth Program



IN THE COMMUNITY ROOM 23 PTARMIGAN DR. AGES 6+ WELCOME!



OCTOBER 6TH - DECEMBER 15TH

FRIDAY'S AT 6:30-8:30 PM

REGISTER NOW!

THIS IS A FREE EVENT AND ALL SUPPLIES ARE PROVIDED

JOIN US TO LEARN ABOUT S.T.E.A.M., HAVE FUN AND MAKE NEW FRIENDS!

*\$5/YOUTH DONATIONS FOR FUTURE PROGRAMS

APPRECIATED*

To register Click Here: https://forms.gle/Mr142|HaWfgyzbUY9



Welcome!

Thank You!

monthly meetings to help plan social & recreational events.

A special 'thanks' goes to all of our volunteers and community partners, 26th Guelph Scout Group, Kortright Hills Public School and the GNSC. Your support for our neighbourhood is greatly appreciated!

If you are new to the Neighbourhood, we extend a warm welcome

to you and your family! Please consider joining us for our regular

Stay Informed: To get email updates of our neighbourhood events delivered to your inbox, please send your request to kortrighthillsng@gmail.com. Visit our website, Facebook group or page telling you of upcoming events, programs and workshops.

Fall Info!





REGISTER TO ATTEND A SCOUTS CANADA STEM PROGRAMS NEAR YOU

Contact Larry, Group Commissioner by email: Ishutsa@gmail.com

Beavers ages 5-7 meet Mon 6:30-7:30 Cubs ages 8-10 meet Mon. 7:00-8:30 ages II-I4 meet Tues 7:00-8:45 **Scouts** ages 14-17 meet Tues 7:00-9:00 Venturers

We are looking for volunteers, Join the Adventures



WE WELCOME YOUR PARTICIPATION & **NEED YOUR HELP**

Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

- Planning of upcoming events
- Becoming a leader with 26th Scout Group
- Volunteering with KHNG

If these or similar opportunities are of interest to you, contact us today at kortrighthillsng@gmail.com

Your help is needed - call or e-mail us today!!



HELP!

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Rae Wright Artistry Programs

My name is Rae and I'm an artist here in Guelph and I'll be offering some programming at Kortright Hills Neighbourhood Group in the community room.

The Halloween Paint pARTy Sunday Oct 15th 2-4pm is open for registration now.

A 6 week intro to art course will be offered Saturday's starting Nov 11th 1:30 to 3:00 pm.

Register using the below link: www.raewrightartistry.ca/programs





Want to Advertise in KHNG Newsletter

KHNG Newsletters January, April, July and October 2024 Sponsorship Suggested Rate Scale:

> Full page ad, graphics, logo and border \$100.00 for Newsletter \$50.00 for Website

Half page ad, graphics, logo and border

\$50.00 for Newsletter \$25.00 for Website Quarter page ad, graphics, logo and border

\$25.00 for Newsletter \$15 for Website

Business card size, graphic, logo and border

\$15.00 for Newsletter \$10.00 for Website

Small word ad, max 15 words, No graphics, FREE Newsletter advertising helps fund KHNG events

Advertise in our next newsletter January 2024!!

* * KHNG OFFICE IS OPEN * * **REACH OUT TO OUR STAFF TO REQUEST USE OF THE ROOM** EMAIL: kortrighthillsng@gmail.com

Kortright Hills Your Neighbourhood Group



Fall Info Contd!

Action Read Early Literacy Program: Join us for FREE literacy and numeracy programs! Enjoy story-time, number and language games, songs, rhymes, word play, puzzles, crafts and nutritious snacks. Gain ideas, tips and resources for early literacy activities at home. Caring and nurturing staff, qualified in Early Childhood Education.

Programs operate on a 'first come, first serve' basis in locations throughout Guelph. They are open to parents or caregivers with children aged newborn to 6 years. Register at the program site.

For more information, or to check if a site is full, please call 519-836-2759. KHNG site is Monday's 9:00 am to 12:00 pm.

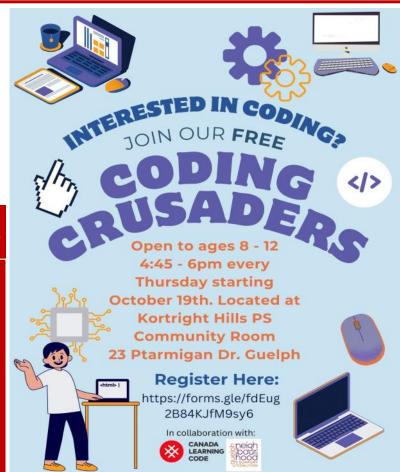
In Guelph, the city recognizes its native war casualties by naming streets after them. There are over 100 streets in their

blue-on-white design and the red poppy next to the name.

in Guelph will be named after people who died while in the

The city implemented a policy that 75 per cent of new streets

contribution to the city with the remaining 25 per cent coming





Let's Remember



Guelph Veteran Street Name "Berry Drive"

Private: Archibald Berry

Born: December 25, 1896 in Eldersie, Scotland

Son of: Robert Berry of Guelph Enlisted: October 1, 1915 in Guelph Member: Army - Canadian Infantry

(Saskatchewan Regiment) **Died:** August 25, 1916 in France

Buried: Ridge Wood Military Cemetery in Belgium

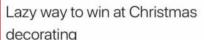
from a list of approved names submitted by developers or community members.

service of the city or people who made a significant



Information source: The Guelph Mercury November 10, 2012.

KHNG GIGGLE <u>CORNER....</u>💝





It amazes me that a phone cord back in the day could stretch from one room to another, but you can't get a USB of cord to last a week.

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Every time someone in my house leaves an empty box in the freezer or pantry, I am wrapping it in Chistmas paper and putting it under the tree with their name on.



Share Community News In The KHNG Newsletter:

KHNG sends an electronic newsletter, four times a year, next issue is January 2024. Want to advertise your business? Want to share your favourite recipe? Write an article of interest? Or are you a student looking to offer your services (i.e. babysitting, shoveling snow, cutting/raking the lawn). Send your information by E-mail to: kortrighthillsng@gmail.com. This is a great way for Kortright Hills Neighbours to come together by sharing thoughts, talents & services with our community neighbours.

Kortright Hills Community News!



KHTS Council Meetings



Kortright Hills Public School Meeting Dates:

Monday October 16th

Monday, November 20th

Monday, January 15th

Monday, February 12th (second Monday since the 20th is a holiday)

Monday, April 15th

Monday, May 13th (second Monday since the 20th is a holiday)

Monday, June 24th

KHPS Dates to Remember 2023/2024

Mark your calendars, below are the student days off of school for both boards.

Upper Grand District School Board

(H-Statutory Holiday P-Professional Activity Day B-Board Designated Holiday E-Exam Day)

Elementary Calendar:

Oct 9 (H); 27 (P) Nov 24 (P)

Dec 25-29 (B)

Secondary Calendar:

Oct 9 (H)

Nov 24 (P)

Dec 25-29 (B)

Wellington District Catholic School Board

(H-Statutory Holiday P-Professional Activity Day B-Board Designated Holiday

Elementary Calendar: Oct 9 (H); 27 (P)

Nov 24 (P)

Dec 25-29 (B)

Secondary Calendar:

Oct 9 (H) Nov 24 (P) Dec 25-29 (B)



Kortright Hills Former Child Resident

Where are they now?

In this newsletter edition, we feature someone who grew up in the area and see what they are doing now.

Name: Kyla Fishborne

How long has your family lived in Kortright Hills?

We moved to the Kortright Hills area in 2001 when I was 3 years old and have been here ever since! It was a great place to grow up with lots of other kids my age running around.

What school(s) did you attended while you lived in the area?

I attended Mary Phelan Catholic School during my elementary years, and Bishop Macdonnell Catholic High School later on. Mary Phelan was a small school where I met many of my best friends who I still hang out with today!

Did you attend college or university?

Yes, I attended Wilfrid Laurier University in Waterloo. I graduated with a Bachelors of Business Administration with a concentration in Accounting in 2020. I also received my Graduate Diploma in Accounting from Laurier. This diploma allowed me to speed to up the process to become a Chartered Professional Accountant (CPA). I wrote the exam to become a CPA in 2021, and worked towards the 1000 professional practice hours throughout my co-op job I got through Laurier, before officially receiving my CPA in 2022.

What did you do after graduation?

I completed three 4-month co-op terms at EY, a public accounting firm in Waterloo, during my time at Laurier. I received a full-time offer to return to EY after graduation and continued working in Audit at EY for another 2 years until I finished the professional practice hours requirement so that I could apply for membership to CPA Ontario.

What are you doing now?

Last year, I moved to Toronto where I now work downtown at TD Bank in Accounting Policy and Advisory. My new job is very

different than the work I was doing in Audit, but is very interesting. I have loved the move to Toronto. The city is always busy and exciting with lots of things to do, food to try, and friends to see. But I always love coming home to the Kortright Hills Neighbourhood to get my fill of nature trails, parks, and friendly neighbours!

What are any interesting things or accomplishments that you have done that your former teachers or neighbours can learn from reading this article?

An interesting fact is that I grew up as an avid squash player. I played and practiced at our local Guelph YMCA and entered tournaments all over Ontario. When I went to university, I became the Captain of Laurier's Women's Squash Team and the #1 ranked female player. Whenever I am back in Guelph, my dad and I try to go play at the Y, especially when they host tournaments.



Kortright Hills Community News Cont'd!

Kortright Hills Community Photos Captured













Parents watching their kids start senior kindergarten at KHPS on Sept 5





Community Concerns

Be respectful of our Kortright Hills Neighbours

Last September, two Kortright Hill neighbours had aired their issues that affect their living situations. Moving forward please be mindful and courteous of your actions.

Please follow parking bylaws and be courteous of our KHPS neighbours if you drop off your child(ren) by car.

Parents/quardians need to be mindful of residents when they are parking to drop off and pick up students from Kortright Hills School, especially those that park on Mallard Court. Blocked driveways causes issues for neighbours to attend appointments, get to work,



and for the city buses to be able to travel freely. Remember to park where allowed, don't block driveways and be

respectful as other means of transportation need to access the roads and be on schedule as well. There are bylaws to abide by in our community and if they cannot be followed.

Be a good neighbour by not being a litterbug!

Concerned Neighbour has been cleaning up litter around the communal mailbox located next to their property such as dropped flyers, Tim Horton's cups sitting at the mailbox and numerous times your dog poop. This neighbour has tried to be a good neighbour and keeping our community clean



but doesn't feel like it is being reciprocated. It is not respectful to have others pick up your litter you drop or your dog poop. Be a good neighbour, bend down and pick up your litter you drop by the communal mailbox and PLEASE pick up your dog poop. Let's keep our community clean.









Over 40,000 people attended Guelph's 25th Ribsfest on the weekend of August 25. The Rotary Club of Guelph Trillium organized the annual festival at Riverside Park. The event was a culmination of many hours of work with over 200 volunteers. These volunteers included members of the Rotary Club, friends & families, and high school students.





out in the drinks vendor

Had no idea. The three black lines on school buses serve a purpose. The bottom line is the floor of the bus. The middle line is the seat line. The top black line is the top of the seats. These lines of the bus are reinforced, but they also let firefighters know where to cut in case of an accident.



Kortright Hills Community News Cont'd! 🗐





Circle Home Furniture Bank

Seeking Donations & Volunteers

We need your help!

Collecting apartment-sized furniture and compact appliances for newcomer families from Afghanistan, Syria, Ukraine, and other countries.

WE NEED

- · Apartment-size furniture
- · Sofas, love seats, & armchairs
- · Dining & kitchen tables/chairs
- Queen, double, and twin bed frames (no mattresses)
- Dressers, bedside tables, student-sized desks and desk chairs

AND VOLUNTEERS

To help receive donations, organize our warehouse, and welcome families.



For further information: danby.com/circle-home-furniture-bank/

Or email us at: DanbyRefugeeProgram@gmail.com





WHO ARE WE

A not-for-profit organization, run by volunteers in collaboration with the Danby Refugee Program. We help newcomer families furnish their new homes in Guelph and neighbouring communities.

Sponsored by — Danby

City of Guelph Santa Claus Farade

Guelph Santa Claus Parade

This year's Guelph Santa Claus Parade will take place downtown on Sat, Dec. 2, in the evening.

The parade, traditionally held on a Sunday afternoon in November in Guelph, will be part of a Spirit of the Season event that is a combined effort between the Downtown Guelph Business Assoc. and the Guelph Community Foundation.

The parade is scheduled for 5:30 p.m. It will be followed by the annual mayor's tree lighting ceremony.

Spirit of the Season takes place Friday, Dec. 1 and Saturday, Dec. 2, and includes two holiday markets: a two-day indoor market at Old Quebec Street Mall and an outdoor market at St. George's square on Dec. 1 from 11 a.m. to 8 p.m.

Credit: information taken from Tuesday August 22 edition of *Guelph Today*

Guelph Yard Waste Collection

Yard Waste Collection Ends Dec 1/23

Yard waste collection ends the last week of Nov 27 to Dec Ist.!
Paper bagged or bundled yard waste will be accepted on grey cart collection Days until Dec Ist.
Place yard waste to the curb no later than 6:30 am, one foot from the curb and one meter from your grey cart. Don't put yard waste in any of your carts.



Grass clippings are not accepted in yard wastecollection or waste carts.

More info: <u>Guelph.ca/yardwaste</u>

You can pick up paint, stain and other products from the paint reuse program until October 14, 2023. Residents can drop off unused paint, stain, cleaners etc. all year round.

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LESSONS from Autumn



Kortright Hills Community News Cont'd!



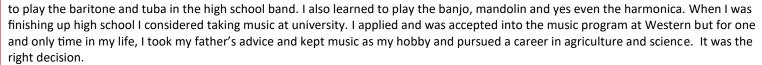
Kortright Hills Resident Bagpiper

In this edition, we featured long-time Kortright Hills resident, Bruce Archibald, on his unique hobby of bag piping

When did you start learning to play the bagpipes? The short answer is 2008. The background to this is as follows. The Archibald side of my family is Scottish. My Archibald grandparents were Scottish/ Canadians who loved the bagpipes. My Dad's youngest brother (my Uncle Fred) played the pipes. The pipes were often played at Archibald gatherings. Back on New Year's Eve, 2007, my older brother Fred and his wife Sandy came to Guelph and were celebrating with Karen (my wife) and me. After one too many beverages, brother Fred and I made a bet that by this time the next year, we would be able to play "Amazing Grace" on the bagpipes. I took the bet seriously...Fred, not so much.

As luck would have it, one of Canada's premier pipers, pipe major and teacher was part of the Guelph Pipe Band. His name was Bruce MacDonald. I got Bruce's phone number and called him up. We talked for a bit and he asked about my musical background and why I wanted to learn the pipes. He then asked how old I was. I told him 51. He laughed and said he usually liked to start pupils when they were 5 but the went on to say he would be willing to take me on. How fortunate I was to be able to learn and play with Bruce. We stayed connected and played together until his death in 2020. He was a wonderful teacher and a great person to play with.

Why Bagpipes and not like the accordion or the harmonica? I actually play several instruments. I took piano lessons and studied theory for many years as a young child. I later learned



Are you part of a band or a bagpipe society? Yes, I have been a member of several bands including, the Guelph Pipe Band, The Sons of Scotland (for 4 years when I was based in Ottawa), and currently the Teeswater Highlands Pipe and Drum Band. I was a member of the Pipers and Pipe Band Society of Ontario for several years when I was competing in various highland games. These days I do numerous performances with the Teeswater Band (2023 has been particularly busy), and several personal events, such as weddings, funerals, birthdays and family gatherings.

Where have you performed? I have performed all over Ontario at various Highland Games and Festivals. Some examples include Guelph, London, Embro, Fergus, Kincardine, Almonte, Smith Falls, and Maxville. I have played on Parliament Hill in Ottawa as well as at Rideau Hall. I once played in Montreal on a very cold in the St. Patrick's Day parade. I have done numerous fall fairs and Scottish festivals and way too many Santa Claus parades. I take my pipes with me to Florida and have played at events around Anna Maria. When the weather cooperates and I am in the mood, I often pipe the sun down on Anna Maria Island (see picture above). I even took my pipes to northern England and piped while walking along Hadrian's Wall. The wall the Roman's build to keep those crazy Scots (Pics) out. It is always fun to be able to pipe in different places.

What are your favourite tunes to perform? Pipes can make your feel one of two ways. Upbeat and happy, or somber and reflective. For upbeat and happy I have many favourites. The two that I like a lot (Because they were written or arranged by Bruce MacDonald) are, "Dancing on Daddies Shoes", an upbeat 4/4, or "Sylvan Lodge", a fun and lively jig. In terms of the more somber/reflective tunes I quite like "Sleeping Tune" and "Leaving Kandahar". Of course everyone always wants me to play "Amazing Grace", which I often do to close our a performance.

Final question – if requested, could you play a Taylor Swift song? I'm afraid I don't really know Taylor Swift's music all that well. Also, the bagpipes only have 9 notes, from G to A in the key of D. So if there is a Taylor Swift song that can be played in the key of D with only 9 notes, I suppose it could be done...but somehow I don't think so. **(Editor's note: Love Story is in the key of D major!)**

KHNG Pet Corner

Name: Milo

Type: II year old Shorkie (Shi Tzu Yorkshire

Terrier cross)

Home: Graham, Pat, Alex and Nikki are his

family

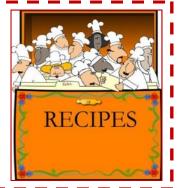
Treat: His favourite treat is a Greenie **Toy:** Milo loves his stuffed hedgehog







Kortright Hills Recipe Corner!!





"creating a village in the city"

Pumpkin Snack Board

Ingredients:

blackberries

pitted whole black olives

black mission figs

black Concord grapes

30 sharp cheddar cheese slices, cracker cut

2 orange bell pepper, thinly sliced

baby carrots

cheese balls

sweet potato crackers

cantaloupe chunks

orange veggie straws (picked from a bag of multi-colored straws) cheddar cheese cracker squares (such as Cheez-its)

cheddar cheese popcorn

pumpkin spice yogurt covered pretzels

Pumpkin Joe-Joe's

Trader Joe's Petite Pumpkin Spice Cookies

clementine's, peeled and separated into pieces

dried apricots

I small seedless cucumber, thinly sliced

Directions:

On a 20-inch round wood board, place three candy corn-shaped cookie cutters in place for the pumpkin's eyes and nose. Shape the black grapes into a smile for the pumpkin's mouth. Fill the cookie cutters with blackberries, black olives and black figs. Start by lining the cheese slices down the middle of the board. Line the remaining orange ingredients out on both sides of the cheese slices and around the black foods until the board is completely covered. With the orange foods on the edge of the board, pack them tightly so they stay in place if you transfer the board to another location to serve.

Carefully, lift the cookie cutters from the board, shaping the black foods back into the triangle shape, if necessary. You can always add more black or orange foods to fill in any gaps.

Place the thinly sliced cucumber at the top of the board in a bent shape for the pumpkin's stem.

Serve and enjoy!



GREEK PASTA SALAD INGREDIENTS

2 cups uncooked spiral-shaped pasta

1 medium onion, thinly sliced

1 large tomato, chopped

1/2 seedless cucumber, chopped

1 medium red bell pepper, seeded and chopped

3/4 cup (175 mL) crumbled Violife Feta Style Cheese

1/2 cup (125 mL) black olives or kalamata olives

1 Tbsp. (15 mL) balsamic vinegar

3 Tbsp. (45 mL) Becel® Oil

2 cloves garlic, finely chopped

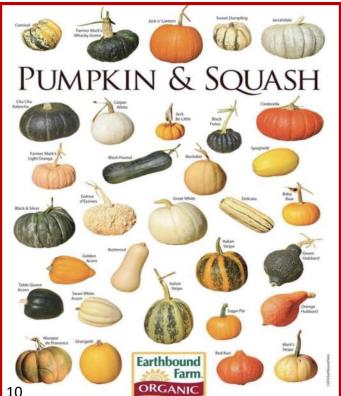
2 Tbsp. (30 mL) chopped fresh mint leaves, (optional)

2 Tbsp. (30 mL) chopped fresh basil leaves, (optional)

INSTRUCTIONS

Cook pasta according to package directions until a most tender. Drain and rinse with cold water until completely cool.

Toss cooked pasta with remaining ingredients in large serving bowl. Season to taste with salt and pepper. Serve at room temperature. Refrigerate up to 2 days.



Kortright Hills Recipe Corner!!





"creating a village in the city"

Hocus Pocus Charcuterie Board

Ingredients:

Brie Cheese Crackers

Black Berries

Strawberries

Kiwi peeled and sliced

Cantalope

Salami

Mozzarella Cheese Cubed

Directions:

Place all ingredients to desired look for your hocus pocus board.

Your attendees will love the work you have put into this creative design.



Instead of using whole apples for caramel/chacolate apples, use slices. This makes way more easier to bite this yummy desert!



Candy Corn Snack Board

Ingredients:

- 2 C cauliflower
- 2 C orange baby carrots
- I large orange bell pepper, sliced
- I C mini orange tomatoes, whole or
- 2 C yellow baby carrots
- I large yellow bell pepper, sliced
- I C mini yellow tomatoes, whole or
- I large bunch black concord grapes
- 2 C blackberries
- 20 fresh black figs
- 20 dried black figs
- 2 large black plums, sliced

1/2 C Everything But The Bagel Yogurt Dip (hummus and/or ranch dressing), plus more for refilling

1/2 C Candy Corn Trail Mix, plus more for refilling

Instructions:

On a large wood board (I used a 24" x 18" wood board) start building the candy corn shape.

Make a triangle of cauliflower near the top and middle of the board.

Then add orange baby carrots, orange bell pepper slices and mini orange tomatoes for the orange layer.

Next place yellow baby carrots, yellow bell pepper slices and mini yellow tomatoes for the yellow layer to complete the "candy corn" shape.

Now place two small serving bowls in the top left and right corners of the wood board as place holders that will be filled with the dip and Candy Corn Trail Mix. You could also use ranch or hummus in place of (or in addition to) the yogurt dip. I ended up adding some ranch and chocolate hummus to the side of this board when I served it.

Fill the empty space on the board with black concord grapes, blackberries, fresh black figs, dried black figs and black plum slices. Finish by filling the serving bowls with the dip and trail mix.



Ingredients:

cooking spray

I cup untoasted pecan halves

I cup unsalted, dry roasted cashews

½ teaspoon freshly ground black pepper

1/4 teaspoon cayenne pepper

1/4 cup water

I cup untoasted walnut halves

I cup unsalted, dry roasted almonds

I teaspoon salt

1/4 teaspoon ground cumin

1/2 cup white sugar

I tablespoon butter

Directions: Preheat the oven to 350 degrees F (175 degrees C). Line a baking sheet with aluminum foil and lightly coat with cooking spray. Combine walnuts, pecans, almonds, and cashews in a large bowl. Add salt, black pepper, cumin, and cayenne; toss to coat. Transfer nuts to the prepared baking sheet and spread into a single layer. Bake nuts in the preheated oven for 10 minutes. Stir nuts to coat with warm syrup; spread out in a single layer. Return to the oven and bake until nuts are sticky and roasted, about 6 more minutes. Allow to cool before serving.

Sweet, Salty, Spicy Party Nuts

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